BALLYFERMOT CHERRY ORCHARD

# YOUNG PEOPLE'S LEISURE DIRECTORY

Sports 
Music 
Health 
Performing Arts

# Forward

Thank you to all the groups and organisations that provided us with your information. As can be seen from this directory there are a huge amount of clubs and groups in Ballyfermot/Cherry Orchard that provide wonderful opportunities for young people to be active and contribute to society. We want to thank the young people who worked on this project and the researchers Aaron Leddy and Jessica Fenech for collecting the information and putting this together.

We also want to thank our designer Roberto Tusa for his patience and to the European Union for Year of Youth funding.

We hope this directory will be of tremendous benefit to young people and their families.

Gerry Mc Carthy Youth Service Manager Ballyfermot Youth Service March 2023

# Contents



Ballroom Dancing Circus Drama Hip Hop/Freestyle Irish Dancing Music Recording Studios Singing

### Ballyfermot Youth Service (BYS)

Staff name: Address: Tel: Email: Website: Facebook: Who is the service for? What do they do? Opening Hours:	Aaron Leddy/Ger O Reilly BYS BMX Hub, 252 Le Fanu Rd, Kylemore, Dublin 10, D10 E635 - Gurteen Youth Club (01) 623 1431 admin@ballyfermotys.ie http://www.ballyfermotyouthservice.ie/ Ballyfermot Youth Service Ages from 10-18 Guitar lessons for beginners. Tuesday Skatepark 18:00-20:00 Friday Gurteen YC 16.00-18.30
Familibase	
Staff name: Address: Tel: Email: Website: Facebook: Youtube: Instagram: What do they do?	Alan Tully Blackditch Road, Dublin, Ireland +353 (0)1 6546800 info@familibase.ie http://www.familibase.ie/ FamiliBase https://www.youtube.com/channel/UCPPOVdKBdQ9a-el- d4AG_w1w?view_as=subscriber thefamilibase/ INSTRUMENTS Strings: Electric Bass, Acoustic Guitar, Electric Guitar - Keyboard: Electric Piano/Keyboard Other, Electronic/Music Technology
<b>Opening Hours:</b>	Monday- Friday 9:00-17:00

### Kylemore College Music School

Staff name:	Deirdre Nolan
Address:	Kylemore College, Kylemore Road, Dublin 10, Ireland
Tel:	+353 1 626 5901
Email:	alan.kelly@kylemore.cdetb.ie
Website:	https://kylemorecollege.ie/
Who is the service for?	Young people from age 12 years plus
What do they do?	The Music Centre offers tuition in the following in-
	struments: Piano, Recorder Keyboard, Clarinet, Violin,
	Saxophone, Viola, Oboe, Cello, Trumpet, Double Bass,
	Trombone, Guitar (All Styles), Drums, Harp, Percussion,
	Flute and Voice. Classes are offered on a one to one
	basis, and also in group format.
Opening Hours:	Saturdays and evenings
C&S Variety Group	

Staff name:	Kieran Shortall
Address:	Quarryvale Youth & Community Centre, Ballyfermot, Ireland
Tel:	087 687 2785
Email:	candsstageschool@gmail.com
Instagram:	@cands_varietygroup
Facebook:	C&S Variety Group
What do they do?	Singing, Hiphop, Lyrical, Commercial, Musical Theatre,
	Tap and Jazz.
<b>Opening Hours</b> :	Thursday 15:00–17:00
	Saturday 11:30–18:30

#### **Ballyfermot Trad Hub**

Staff name:	Derek Copley
Address:	Ballyfermot Library
Tel:	087 2726007
Email:	copirl@yahoo.com
Facebook:	Ballyer Trad Hub
Who is the service for?	All age groups
What do they do?	Traditional Music
<b>Opening Hours</b> :	Ballyfermot Library saturday 12–2pm

### St Mary's Youth and Community (Music Room)

Staff name:	Pauline O Neill
Address:	Claddagh Green, Ballyfermot, Dublin 10 Ireland D10Y438
Tel:	085/1346361
Email:	stmarysyc56@gmail.com
Facebook:	st marys youth club
What do they do?	Young people age 10 plus
What do they do?	Youth groups, music, residentials
<b>Opening Hours</b> :	Mon -Friday

#### Soul Performance Academy

Staff name:	Lauren Fowler
Address:	374 Ballyfermot Road, Dublin 10
Tel:	085 8741476
Facebook:	Soul Performance Academy
Who is the service for?	Young people age 4 plus
What do they do?	Acting and singing music
Opening Hours:	Monday – Friday

#### Chloe Julia Music Academy

Staff name:	Chloe Mc Garry
Address:	Elmdale, Dublin 10
Tel:	085 8078683
Email:	chloejuliamusiclessons@gmail.com
Facebook:	Chloe Julia Music Academy
Instagram:	Chloejulia_musicacademy
What do they do?	Young people age 8 plus
What do they do?	Piano and singing lessons music
Opening Hours:	Monday – Saturday

## **RECORDING STUDIES**

#### Ballyfermot Library – The Creative Studio

Staff name:	Anne Pigott
Address:	Ballyfermot Rd, Dublin, D10 WV02
Tel:	(01) 222 8422
Email:	ballyfermotlibrary@dublincity.ie
Website:	dublincity.ie/ballyfermot-library
Facebook:	https://www.facebook.com/BallyfermotLibrary/
Who is the service for?	Age 15 and over with a valid public library card from any
	library authority in the country.
What do they do?	Record a music track, a song, create a demo and get
	some band practice in. Deliver a Facebook Live event,
	be it a live music performance, an interview with a local
	celebrity, artist, historian, or even a poetry reading.
	Young People can also record an audio or video podcast,
	could be an interview, a lecture, a group discussion and
	record a video and upload to Youtube.
Opening Hours:	Monday– Thursday 10 a.m.—8 p.m.
	Friday and Saturday 10 a.m.—5 p.m.

## DRAMA

#### **Basement Productions**

Billy Mangan
Markiewicz Centre Decies Road,
087 279 6993
basementproductionsdublin@gmail.com
None
Basement Productions
Drama/Theatre group
Various

#### Smashing Barriers Drama group

Staff name:	Pat Mc Cabe& Sandra Richards
Address:	Orchard centre, CherryOrchard
Tel:	086 8158232
Email:	photopat3@yahoo.com - bcdisabilityactioncollective@gmail.com
Facebook:	Smashing Barriers
What do they do?	Impaired Mobility Young people and adults
What do they do?	Theatre and Drama such as improv and working on
	plays.
Opening Hours:	Thursday 11–1pm

## DRAMA

#### S&S Acting Academy

Staff name:	Kate & Steven
Address:	Lr Orchard centre, CherryOrchard
Tel:	086 8171815 0857233141
Email:	sasactingacademy1@gmail.com
Facebook:	S&S The Acting Academy
Who is the service for?	Young people
What do they do?	Theatre and Drama such as improv and working on
	plays.
Opening Hours:	Fridays 4–6pm

#### **Ballyfermot Youth Theatre**

Staff name:	Stephen Tully
Address:	Ballyfermot Rd, Dublin 10, D10 T042
Tel:	087 459 0359
Email:	ballyfermotyouththeatre@gmail.com
Facebook:	curtaincallyouththeatre2022
Who is the service for?	Young people age 13 plus
What do they do?	Theatre and Drama such as improv and working on
	plays.
Opening Hours:	Wednesday 7–9pm

## CIRCUS

#### **Dublin Street Circus School**

Staff name:	Nicola Moran
Address:	The Orchard Community Centre, Cherry Orchard Grove,
	Cherry Orchard, Dublin 10, D10 H024
Email:	youth@dublincircusproject.com
Website:	https://dublincircusproject.com
Facebook:	Dublin Circus Project
Who is the service for?	Youth Circus- 13-16, Adult Circus- People over 18
What do they do?	Train youth and develop artists through the experience of circus
<b>Opening Hours:</b>	Monday 10:00–14:00
	Wednesday 10:00–17:00
	Friday 13:00-17:00

## DANCE

#### Wojtek Potaszkim Dance Academy

Staff name:	Wojtek Potaszkim
Address:	Unit 1, Palmerstown Business Park, Old Lucan Road,
	Palmerstown, Dublin 20
Tel:	085 875 5367
Email:	wojtek.potaszkin@gmail.com – wpda.info@gmail.com
Website:	https://wojtekdance.com/contact-us/
Instagram:	wojtek_potaszkin/
Who is the service for?	All ages
What do they do?	The dance group offers Latin and Ballroom Dancing

#### **Empress Dance**

Staff name:	Lisa Hogan
Address:	33–39, Gurteen Rd, Redcowfarm, Dublin 10, D10 K598
Tel:	0857543480
Email:	None
Website:	None
Instagram:	empress_dance_
Who is the service for?	Ages 4–18
What do they do?	Dance classes
Meeting Times:	Friday 5–7pm

## DANCE

#### Zumba with Lorraine

Staff name:	Lorraine Smith
Address:	Various Centers
Tel:	083 394 0046
Email:	zumbalorraine@hotmail.com
Website:	https://lorraines.zumba.com/
Instagram:	zumba_with_lorraine
Facebook:	Zumba with lorraine
Who is the service for?	Young people
What do they do?	Dance and Fitness

#### GWA "Girls With Attitude" Dance Fitness

Address:	Unit 5, Fincris House, Kylemore Park North , Dublin, Ireland
Tel:	087 679 1418
Email:	gwa.girlswithattitude@gmail.com
Website:	gwagirlswithattitude.ie
Instagram:	gwa_girlswithattitude
What do they do?	Zumba, Dance, Fitness, Yoga.

## DANCE

#### **Claddagh School of Irish Dancing**

Staff name:	Liz Abbey & Debbie O Dempsey
Address:	Orchard Community Centre
Tel:	085 8491859 085 7205762
Email:	claddaghschoolofirishdancing@gmail.com
Website:	http://www.claddaghschoolofirishdancing.com
Facebook:	Claddagh School of Irish Dancing
Who is the service for?	Ages from 3+
What do they do?	Irish Dancing class fro 4 years upwards
Opening Hours:	Wednesday 5–6pm
•	

#### The Academy of Irish Dancing

Staff name:	James Mc Donnell
Address:	Civic Centre
Tel:	083 1555257
Email:	theacademydublinmidlands@gmail.com
Website:	https://www.crdm.ie/
Instagram:	crdmdance
Who is the service for?	young people from 5 plus
What do they do?	Teach dancing
Opening Hours:	Wednesday 7pm

## DANCE

#### Doyle/Halpin School of IrishDancing

Staff name:	Sonya Doyle
Address:	Lower Cherry Orchard Community Center, Ballyfermot, Ireland
Tel:	087 659 5589
Email:	doylehalpin@gmail.com
Website:	None
Facebook:	Doyle Halpin School of Irish Dance
Who is the service for?	3+
What do they do?	Irish Dancing
<b>Opening Hours</b> :	Tuesday and Thursday 17:30

#### **Tara School of Dance**

Staff name:	Breda Dalton
Address:	BLCO Complex
Tel:	0876165679
Email:	bredadancing@gmail.com
Website:	None
Instagram:	Tara Dance-Academy
Facebook:	Tara Dance Academy
Who is the service for?	Over 3+
What do they do?	Irish Dancing
Opening Hours:	15:30-19:30

## DANCE

#### **Elizabeth Abbey School of Dance**

Staff name:	Elizabeth Abbey
Address:	Orchard Centre, Cherry Orchard
Tel:	085 7205762
Who is the service for?	Over 3+
What do they do?	Irish Dancing
Opening Hours:	Wednesday 5-7.30pm

#### **Dragon Twirlers**

Staff name:	Catherine Kelly
Address:	Caritas College, Drumfinn Road, Ballyfermot
Tel:	0857251076
Email:	dragontwirlers2017@gmail.com
Website:	None
Facebook:	dragon Twirlers
Who is the service for?	3+ to adults
What do they do?	Baton Twirling and Pom Poms
Opening Hours:	Tuesday 17:00–18:00
	Thursday 18:00–21:00 (from ages 14/15 to adults)
	Saturday 9:45–17:30 (from ages 3–12/13)

## DANCE

#### **Elite Academy Twirlers**

Staff name:	Amanda Hendrick
Address:	St. Dominic's Secondary School, Convent Lawn, Ballyfermot
Tel:	087 992 1832 — 087 1647507
Email:	elitetwirlacademy@gmail.com
Website:	http://www.danceelite.ie/
Facebook:	Elite Twirling Academy
Who is the service for?	All ages
What do they do?	Ballroom and Latin dancing classes
<b>Opening Hours</b> :	Monday to Sunday

Ballyfermot Community Civic Centre Ballyfermot Leisure Centre Ballyfermot Library Ballyfermot Sports Complex Ballyfermot Resource Centre Lower Cherry Orchard Community Centre Markiewicz Community Centre Orchard Community Centre

#### **Ballyfermot Community Civic Centre**

Staff name:	Delores
Address:	Ballyfermot Road, Ballyfermot, Ireland.D10T042
Tel:	(01) 6207160
Email:	info@civiccentre.ie
Instagram:	@ballyfermotciviccentre
Facebook:	Ballyfermot Civic Centre
Who is the service for?	Public
What do they do?	The centre has a full range of options that cater for community needs
Opening Hours:	Monday-Sunday 7am-10pm

#### **Ballyfermot Sports and Fitness Leisure Centre**

Staff name:	Christina Dowling
Address:	Blackditch Road, Ballyfermot, Ireland.
Tel:	(01) 222 8575
Email:	sports&fitness.ballyfermot@dublincity.ie
Website:	https://www.dublincity.ie/residential/sports-and-leisure/spor-
	ts-and-fitness-centres/ballyfermot-sports-fitness-centre
Instagram:	@sportsandfitnessballyfermot
Facebook:	Sports & Fitness Ballyfermot
Who is the service for?	"Ballyfermot Sports & Fitness Centre has been serving
	the communities of West Dublin since 2008". The centre
	is open and accessible to all ages and abilities.
What do they do?	The centre has a full range of options that cater for your
	fitness, sporting and community needs.Swimming Pool,
	Gym and Sports Hall
<b>Opening Hours:</b>	Monday–Sunday.7am–10pm

## Ballyfermot Sports Complex

Staff name:	Sandra, George (Receptionists)
Address:	33–39, Gurteen Rd, Redcowfarm, Dublin 10, D10 K598
Tel:	(01) 626 9213
Email:	ballyfermotsportscomplex@gmail.com
Website:	Ballyfermot Sports Complex
Facebook:	Ballyfermot Sports Complex
Who is the service for?	The service is for anyone interested in sporting and
What do they do?	fitness.
	The Ballyfermot Sports Complex offers a wide range
	of classes in different sports. Some of these include
	gymnastics, karate and fitness bootcamps. The facility
	also offers rentals on squash and handball courts as well
	as dance studios. Some other amenities include showers
	and changing rooms.
Opening Hours:	9am–10pm Monday to Friday. 9am–6pm Saturdays.

#### Lower Cherry Orchard Community & Youth Centre

Staff name:	Mary Floodgate
Address:	7 Raheen Drive, Ballyfermot, Dublin 10, D10 H586
Tel:	01 6266881
Who is the service for?	Public
What do they do?	Hire space for groups
Opening Hours:	Monday – Saturday

#### **Orchard Community Centre**

Staff name:	Paul
Address:	10 Cherry Orchard Grove, Cherry Orchard, Dublin 10,
Tel:	01 6265655
Who is the service for?	Public
What do they do?	Various Activities
Opening Hours:	Monday – Sunday

## **Ballyfermot Library**

Staff name:	Anne Pigott
Address:	Ballyfermot Rd, Dublin, D10 WV02
Tel:	(01) 222 8422
Email:	ballyfermotlibrary@dublincity.ie
Website:	dublincity.ie/ballyfermot-library
Facebook:	https://www.facebook.com/BallyfermotLibrary/
Who is the service for?	Age 15 and over with a valid public library card from any
	library authority in the country.
What do they do?	Public Library
<b>Opening Hours</b> :	Monday – Saturday

#### Markiewicz Community Centre

Staff name:	Theresa Mc Gouran
Address:	Markiewicz Centre Decies Road,
Tel:	01 6260118
Email:	jacquelinecommunitydevelopment@outlook.com.
Facebook:	Markiewicz Community Centre
Who is the service for?	Public
What do they do?	Community & Tenants Organisation
Opening Hours:	Various

## **Ballyfermot Family Resource Centre**

Staff name:	Audrey
Address:	Lynchs Lane, Ballyfermot,
Tel:	01 6264147
Email:	info@ballyfermotfrc.com
Website:	https://ballyfermotfrc.com/
Facebook:	<b>Ballyfermot Family Resource Centre</b>
Who is the service for?	Public
What do they do?	Community
Opening Hours:	Monday – Saturday

## HEALTH

St Johns Ambulance



## HEALTH

#### St. Johns Ambulance

Address:	Lower Cherry Orchard Community Centre, Le Fanu Road, Ballyfermot, D10
Tel:	+353 (0)1 668 8077
Email:	ballyfermot@stjohn.ie – jessica.finn@stjohn.ie
Website:	https://www.stjohn.ie/
Facebook:	sjaballyfermot
Who is the service for?	Age 10-17
What do they do?	Learning in First Aid for a couple of months, which then results in the opportunity to attend local and national events supporting our adult members in providing First Aid to members of the public. These events include spor- ting and music events and many more. Monday- Friday
Opening Hours:	Friday nights 6–9pm

## Ballyfermot Youth Service Candle Community Cody Cherry Orchard Integrated Youth Service FamiliBase WHAD The ABLE Project

#### **Ballyfermot Youth Service**

Staff name:	Gerry McCarthy
Address:	41 Decies Road, Ballyfermot, Irelan
Tel:	(01) 623 1431
Email:	admin@ballyfermotys.ie
Website:	http://www.ballyfermotyouthservice.ie/
Facebook:	Ballyfermot Youth Service
Who is the service for?	Ages from 10–24
What do they do?	BYS provides a range of services to the young people of
	Ballyfermot from Outdoor Education programmes, Drop
	in Information centres , Music and Arts programmes,
	access to the Erasmus + programme and a comprehen-
	sive Drugs Peer Education programme.
<b>Opening Hours</b> :	Monday–Thursday 10:00–21:00
	Friday 10:00-19:00
	Saturday 9:00-21:00

#### **Candle Community Trust**

Staff name: Address:	Brian Johnston Candle Community Trust, Lynch's Lane, Ballyfermot Rd, Dublin 10, D10 F519
Tel:	01-6269-111
Email:	info@candletrust.ie
Website:	https://www.candletrust.ie/
Instagram:	candled10
Who is the service for?	Ages 10–25 in the risk of leaving school early or have left school early or are particularly vulnerable.
What do they do?	Candle delivers a high-quality youth service to young people, offering a number of daytime, afternoon and evening groups and drop in clubs.
<b>Opening Hours:</b>	Monday- Friday 9:00-17:00
The ABLE Project	
Staff name:	Lydia
Staff name: Address:	Lydia 201 Decies Rd, Decies, Dublin
Address: Tel:	201 Decies Rd, Decies, Dublin (01)6203994
Address: Tel: Email:	201 Decies Rd, Decies, Dublin (01)6203994 info@foroige.ie/ able@foroige.ie
Address: Tel: Email: Website:	201 Decies Rd, Decies, Dublin (01)6203994 info@foroige.ie/ able@foroige.ie foroige.ie
Address: Tel: Email: Website: Facebook:	201 Decies Rd, Decies, Dublin (01)6203994 info@foroige.ie/ able@foroige.ie foroige.ie foroige
Address: Tel: Email: Website:	201 Decies Rd, Decies, Dublin (01)6203994 info@foroige.ie/ able@foroige.ie foroige.ie

#### **Cherry Orchard Integrated Youth Service**

Staff name:	Paula Mulligan
Address:	Equine Centre, Cherry Orchard Green, Cherry Orchard,
	Dublin 10, D10 XW08
Tel:	01 620 9160
Email:	cherryorchardequinecentre.ie
Website:	https://cherryorchard.ie/
Facebook:	Cherry Orchard Equine Centre
Who is the service for?	Ages 20–25 living in Cherry Orchard
What do they do?	Offer one to one support, group work, outreach service
	and family support. In addition they also support young
	people in difficult situations such as schools and fami-
	lies.
Opening Hours:	10am- 9:30pm

#### St Mary's Youth Club

Address:	Claddagh Green, Ballyferm	not, Dublin 10, D10 W772
Tel:	085/1346361	
Email:	stmarysyc56@gmail.com	
Facebook:	St Marys Youth Club	
Who is the service for?	Age 13-24 years	
What do they do?	Youth Service	
Opening Hours:	Monday and Thursday	7:00pm - 9:30pm
	Tuesday and Wednesday	5:00pm - 8:30pm
	Saturday and Sunday	2:00pm – 4:30pm

#### Familibase

Staff name:	Brendan Cummins
Address:	Blackditch Road, Ballyfermot, Dublin 10
Tel:	(01) 654 6800
Email:	info@familibase
Website:	https://familibase.ie/
Facebook:	FamiliBase
Instagram:	thefamilibase
Who is the service for?	All ages
What do they do?	Centred in the community working collaboratively to
	ensure people can achieve their individual potential and
	reduce the effects of poverty and inequality.
<b>Opening Hours:</b>	Monday–Friday 8am–10pm – Saturday 10am–10pm

#### W.H.A.D Project Limited

Staff name:	Pat Cullen
Address:	The Orchard Community Centre, Cherry Orchard Grove, Dublin 10
Tel:	01-6230603 / 087-2814645 / 083-3914351
Email:	whad@eircom.net
Who is the service for?	Males from 15 to early 20s
What do they do?	Aim to engage the participant in a way that helps them consider the possibility of stopping criminal/ offending behaviour. Outdoor activity based, they use instructors in kayaking, mountain biking, rafting, swimming and more.
Opening Hours:	Monday — Friday 9.30am- hours are flexible dependent on activity

**Athletics Basketball** BMX Equestrian Gyms **Gymnastics** GAA Handball Hiking Kayaking **Marital Arts** Racquetball Rowing **Skateboarding** Soccer Swimming Squash

## SOCCER

#### Ballyfermot UTD Football Club

Staff name:	Stuart Murphy (Secretary)
Address:	2 Blackditch Road, Cherry Orchard, Dublin 10. D10 W738
Tel:	(01) 626 7584 or 0896028525 (Stuart Murphy)
Email:	football@bussc.ie
Website:	https://www.ballyfermotunited.com
Instagram:	Ballyfermot_united_official61
Who is the service for?	Both Adults and Young People.
What do they do?	They have a range of under age teams.
Meeting Times:	Monday to Sunday

#### Cherry Orchard Football Club

Staff name:	Ken Brady (Academy Director)
Address:	Elmdale, Cherry Orchard, Dublin 10.
Tel:	0872372234 (Ken Brady)
Email:	Cherryorchardfc@gmail.com
Website:	http://www.cherryorchardfc.ie
Instagram:	Cherryorchardfc
Facebook:	Cherry Orchard FC
Who is the service for?	Both Adults and Young People.
What do they do?	They have a range of under age clubs.
Meeting Times:	Monday to Sunday

## SOCCER

#### Palmerstown UTD Football Club

Staff name:	Morgan Buttner
Address:	Glenaulin Green Dublin 2
Tel:	087 953 3311
Email:	palmerstownfc@outlook.com
Website:	Palmerstownfc.ie
Instagram:	Palmerstownfc
Facebook:	Palmerstown FC
Who is the service for?	Both adults and young people.
What do they do?	They have a range of under age teams.
Meeting Times:	Monday to Sunday

#### **Orchard Celtic Football Club**

Jack Connolly (Secretary)
Cherry Orchard Avenue Ballyfermot, D10.
0857792658
jconnolly264@gmail.com
None
Orchard_celticfc
Orchard Celtic FC
Both adults and young people.
They're a football club.
Monday to Sunday

## GAA

#### Ballyfermot DLS G.A.A Club

Staff name:	Paul O'Brien
Address:	Gurteen Rd, Dublin 10
Tel:	086 218 9173
Email:	secretary.ballyfermotdls.dublin@gaa.ie
Website:	https://ballyfermotdls.altervista.org/
Instagram:	Ballyfermotgaadls
Facebook:	Ballyfermot De la Salle GAA
Who is the service for?	Both adults and young people.
What do they do?	They have a range of boys and girls teams.
Meeting Times:	Monday-Sunday

#### Good Counsel-Liffey Gaels G.A.A Club

Staff name:	David O'Callaghan (0879748309)
Address:	10 Sarsfield Road, Dublin, Ireland Dublin 10.
Tel:	(062) 60875
Email:	gaeilnalife@gmail.com
Website:	http://www.goodcounselliffeygaels.ie/Pages/Default.aspx
Instagram:	goodcounselliffeygaelsgaa
Facebook:	Good Council GAA Club
Who is the service for?	Both adults and young people.
What do they do?	They have a range of boys and girls teams.
Meeting Times:	Monday–Sunday

## GAA

#### St.Patricks G.A.A Club

Staff name:	John Joyce
Address:	Glenaulin Park, Palmerstown, Dublin 20.
Tel:	086 222 4672
Email:	secretary.stpatrickspalmerstown.dublin@gaa.ie
Website:	https://stpatricksgaa.ie/
Instagram:	stpatspalmerstown
Facebook:	ST.Patricks (Palmerstown) GAA
Who is the service for?	Both adults and young people.
What do they do?	They have a range of boys and girls teams.
Meeting Times:	Monday–Sunday

## BOXING

### St. Matthews Boxing Club

Staff name:	Robert Murray
Address:	Drumfinn Rd, Drumfinn, Dublin, D10 XE86
Tel:	(01) 642 6008
Email:	stmatthews100boxingclub@gmail.com
Website:	https://stmatthewsboxingclub.com/
Instagram:	Ballyfermotgaadls
Facebook:	St Matthews Boxing Club
Who is the service for?	Both adults and young people.
What do they do?	They teach boxing to boys and girls.
Meeting Times:	Monday–Sunday

### Cherry Orchard Boxing Club

Staff name:	Liam Murphy
Address:	Cherry Orchard Boxing Club, Orchard Community Centre,
	Ballyfermot, Dublin 10, D10 H765
Tel:	0857634228
Email:	cherryorchardboxingclub@gmail.com
Website:	https://www.facebook.com/Cherryorchard-boxing-cl
	ub-360354944168128/
Instagram:	None
Facebook:	Cherry Orchard Boxing Club
Who is the service for?	Both adults and young people.
What do they do?	They teach boxing to boys and girls.
Meeting Times:	Monday-Sunday

## **MIXED MARTIAL ARTS**

#### Jimmy's Kenpo Academy

Staff name:	Jimmy Poland
Address:	Kenpo Karate Dojo located in the BLCO, Gurteen Road,
	Ballyfermot, Dublin 10.
Tel:	085 2398732
Email:	jimmyskenpoirl@gmail.com
Website:	None
Instagram:	jimmyskenpoacademy
Who is the service for?	Both adults and young people.
What do they do?	They're a karate academy.
Meeting Times:	Monday, Tuesday, Wednesday, Thursday.

### Alexandre Fitness De La Riva BJJ Academy

Staff name:	Alex De La Riva
Address:	Kylemore Park S, Kylemore, Dublin 10, D10 NW01.
Tel:	089 9676451
Email:	alexandrefitnessdublin@gmail.com
Website:	https://alexandrefitness.com/
Instagram:	delariva_dublin
Who is the service for?	Anyone interested in training in the art of Brazilian Jiu
	Jitsu.
What do they do?	They teach both adults and children Brazilian Jiu Jitsu.
Meeting Times:	Monday-Sunday

## **MIXED MARTIAL ARTS**

### South Dublin Muay Thai

Staff name: Address:	Ronan Fit Links Fitness, Kylemore park N, Kylemore road,
T-1	Ballyfermot, Dublin, Ireland
Tel:	087 3913749
Email:	info@southdublinmuaythai.com
Website:	None
Instagram:	@Southdublinmuaythai
Facebook:	South Dublin Muai Thai Academ
Who is the service for?	This service is for anyone interested in learning Mauy
	Thai.
What do they do?	They teach both adults and young people Mauy Thai.
Meeting Times:	Tuesdays, Wednesdays, Thursdays and Saturdays.
Taekwondo	
Staff name:	Clyde Beatley
Address:	located in the BLCO, Gurteen Road, Ballyfermot, Dublin 10.
Tel:	087 2884844
Email:	None
Website:	None
Instagram:	None

Who is the service for?	Both adults and young people.
What do they do?	They're a karate academy.

Meeting Times: Monday, Tuesday & Saturday

### **MIXED MARTIAL ARTS**

### Karate

Staff name:	Stephen
Address:	located in the BLCO, Gurteen Road, Ballyfermot, Dublin 10.
Tel:	087 72391649
Email:	None
Website:	None
Instagram:	None
Who is the service for?	Both adults and young people over 15 only.
What do they do?	They're a karate academy.
Meeting Times:	Monday & Thursday

## **HORSE RIDING**

### The Equine Centre

Staff name:	Bernie Sheehan
Address:	Equine Centre, Cherry Orchard Green, Cherry Orchard,
	Dublin 10, D10 XW08
Tel:	(01) 620 9160
Email:	reception@cherryorchard.ie
Website:	https://cherryorchard.ie/
Instagram:	cherryorchardequinecentre
Facebook:	Cherry Orchard Equine Centre
Who is the service for?	The main object for which the Company is established is
	to promote horse riding and related activities by adop-
	ting a structured training program and providing trained
	personnel to assist and encourage the youth and long
	term unemployed to develop their equine skills.
What do they do?	The equines mission statement is:"To create and su-
	stain a unique, community led, equine centred, learning
	environment dedicated to the needs of young people
	through the provision of state recognised qualifications
	and recreational activities."
Meeting Times:	Monday to Friday from 4–8pm and Saturday 9–5pm.

## **PITCH & PUTT**

### Long Meadows Pitch & Putt

Staff name:	Hazel De Nortúin
Address:	Sarsfield Road, Ballyfermot, Dublin 10.
Tel:	(01) 630 4380
Email:	longmeadowspitchandputt@yahoo.com
Website:	http://www.longmeadowspitchandputt.com/
Instagram:	None
Facebook:	Long Meadows Pitch and Putt
Who is the service for?	Young People and Adults
What do they do?	The Long Meadows Pitch and Putt facility provides a
	place, for people both young and old, to enjoy a game
	of pitch and putt. It also provides a facility to relax and
	enjoy refreshments after each game.

## **ADVENTURE SPORTS**

### Ballyfermot Adventure Centre

Staff name:	Allegra Lalor
Address:	42 Canal Walk, Park West Ind. Est, Dublin 12
Tel:	+353 1 612 0948
Email:	bysadventure@gmail.com
Website:	http://www.ballyfermotyouthservice.ie/adventure-cen- tre/
Instagram:	bys_ballyfermotyouthservice
Facebook:	Ballyfermot Youth Service
Who is the service for?	"Our aim for the centre is to engage young people in our
	targeted groups and involve them in positive recreational activity."
What do they do?	Through this involvement in exciting and very social
	activities we hope to develop core life skills such as:
	respect, teamwork, communication skills, and impro- ving physical well-being as well as an awareness of self, others and the environment.Kayaking Level 1,2,3,4, Mountain Biking, Cross Country, Bike Ability Training
Opening Hours:	Monday –Saturday

## **ADVENTURE SPORTS**

### BMX Skate Park BYS

Staff name:	Ger O Reilly
Address:	252 Le Fanu Rd, Kylemore, Dublin 10, D10 E635087
Tel:	+353 1 612 0948
Email:	bysadventure@gmail.com
Website:	http://www.ballyfermotyouthservice.ie/adventure-centre/
Instagram:	bys_ballyfermotyouthservice
Facebook:	Ballyfermot Youth Service
Who is the service for?	Young people from age 10–24 years.
What do they do?	Teach BMX
<b>Opening Hours:</b>	Tuesday and Thursday 4–8pm

## **ATHLETICS**

### Cherry Orchard Running Club

Staff name:	Kenneth O Driscoll
Address:	Cherry Orchard Park, Cherry Orchard, Dublin.
Tel:	085 210 7510
Email:	cherryorchardrc@gmail.com
Instagram:	@cherryorchardrunningclubd10
Facebook:	CherryOrchard Running Club
Who is the service for?	Cherry Orchard running club is directed at young people
	and adults in the area.
What do they do?	They provide a fun environment for their members to
	practice running. One of their aims is to use running to
	combat mental health in the area.
Opening Hours:	Tuesdays 6:30–7:30 Thursdays 6:30–7:30

### Trotters Running Club

Staff name:	Shane Sheil
Address:	Assumption Church, Ballyfermot.
Tel:	None
Email:	shaneshell95@gmail.com
Website:	None
Instagram:	@trottersrunningclub
Who is the service for?	Trotters running club is directed at the young people and
What do they do?	adults in the community or in the surrounding areas.
	They provide a fun environment for their members to practice running.
<b>Opening Hours</b> :	Mondays and Wednesdays at 6.45pm.

## **ATHLETICS**

### **Donore Harriers Athletics**

Staff name:	Donal
Address:	60 R109, Chapelizod, Dublin.
Tel:	(01) 626 6209
Email:	None
Website:	http://www.donoreharriers.com/
Instagram:	@donore_harriers
Facebook:	Donore Harriers Juvenile Team
Who is the service for?	Donore Harriers is for people of all ages interested in athletics.
What do they do?	Building on a 125 year legacy of high performance, Do- nore Harriers is committed to promoting inclusion, equity and excellence in the sport of athletics. The dignity, capacity and potential of each member is central to our culture, our coaching and our service to the community.
<b>Opening Hours</b> :	Monday-Sunday

## **ATHLETICS**

### **Ballyfermot Sports and Fitness Leisure Centre**

Staff name: Address:	Christina Dowling Blackditch Road, Ballyfermot, Ireland.
Tel:	(01) 222 8575
Email:	sports&fitness.ballyfermot@dublincity.ie
Website:	https://www.dublincity.ie/residential/sports-and-leisure/
	sports-and-fitness-centres/ballyfermot-sports-fit-
	ness-centre
Instagram:	@sportsandfitnessballyfermot
Facebook:	Sports & Fitness Ballyfermot
Who is the service for?	"Ballyfermot Sports & Fitness Centre has been serving
	the communities of West Dublin since 2008". The centre
	is open and accessible to all ages and abilities.
What do they do?	The centre has a full range of options that cater for your
*	fitness, sporting and community needs.Swimming Pool,
	Gym and Sports Hall.
Opening Hours:	Monday, Tuesday & Saturday

## **ATHLETICS**

### **Ballyfermot Sports and Fitness Leisure Centre**

Staff name:	Christina Dowling
Address:	Blackditch Road, Ballyfermot, Ireland.
Tel:	(01) 222 8575
Email:	sports&fitness.ballyfermot@dublincity.ie
Website:	https://www.dublincity.ie/residential/sports-and-leisure/
	sports-and-fitness-centres/ballyfermot-sports-fit-
Instagram:	ness-centre
Who is the service for?	@sportsandfitnessballyfermot
	"Ballyfermot Sports & Fitness Centre has been serving
	the communities of West Dublin since 2008". The centre
	is open and accessible to all ages and abilities.
What do they do?	The centre has a full range of options that cater for your
	fitness, sporting and community needs.Swimming Pool,
	Gym and Sports Hall
<b>Opening Hours</b> :	Monday-Sunday.7am-10pm

## **GYMNASTICS**

### Leinster Gymnastics Academy

Staff name:	Rachel Kavanagh
Address:	33–39, Gurteen Rd, Dublin 10, D10 K598
Tel:	085 1084391
Email:	Leinsterga@gmail.com
Website:	None
Instagram:	@leinster_gymnastics_academy
Who is the service for?	This service is for anyone interested in learning gymnastics.
What do they do?	They teach young people.
Meeting Times:	Thursdays 3–4pm for 4–6 year olds. Thursdays 4–5pm
	for 7+ vears old.

### Excel Gymnastics Ballyfermot

Staff name:	Stephen Condell
Address:	Unit 4 Cherry Orchard Ind Est, Dublin 10, D10 W021087
Tel:	(01) 627 5068
Email:	gym@excelgc.com
Website:	https://www.excelgc.com
Instagram:	@excel.gymnastics
Who is the service for?	The service is for people of all ages interested in gym- nastics.
What do they do?	Excel gymnastics provide training in gymnastics.
Meeting Times:	Monday–Friday 4–9pm Sunday 9–5:30pm

### **GYMNASTICS**

#### **Phoenix Gymnastics**

Staff name:	Stephan
Address:	34b Lavery Ave, Cherry Orchard, Dublin
Tel:	083 808 5933
Email:	info@phoenixgymnastics.ie
Website:	https://phoenixgymnastics.ie/
Instagram:	Phoenixgymnasticsireland
Who is the service for?	"Our General Gymnastics sessions are open to any child
	from the age of 4 – 16 years."
What do they do?	"Gymnasts will have access to our Olympic standard
	equipment in our 2 training centres under the super-
	vision of our fully qualified and Garda Vetted coaches.
	Our progressive training programme aims to build and
	improve on basic gymnastics skills, whilst focusing on
	fun."

### Childrens Gymnastics Club

Staff name:	Sandra
Address:	Orchard Community Centre
Tel:	085 2789963
Email:	sandrabarr789@gmail.com
Website:	None
Instagram:	s&sacademy
Who is the service for?	3+ to adults
What do they do?	<b>Baton Twirling and Pom Poms</b>
<b>Opening Hours</b> :	Tuesday & Saturday

## BASKETBALL

### **Oblate Basketball Club**

Staff name:	Gerry Farrell
Address:	Tyrconnell Rd, Inchicore, Dublin, D08 YF2D
Tel:	(01) 453 4327
Email:	OblateBasketball@gmail.com
Website:	https://oblatebasketball.com/
Instagram:	@oblatebasketball
Facebook:	Oblate Basketballclub
Who is the service for?	The service is for people of all ages who enjoy the sport of basketball.
What do they do?	Oblate Basketball Club provides training in the sport of basketball.
Meeting Times:	Monday-Saturday 9am-10:30pm Sunday 9am-5pm.

## BASKETBALL

### Ballyfermot Sports Complex

Staff name: Address: Tel:	Sandra, George (Receptionists) 33–39, Gurteen Rd, Redcowfarm, Dublin 10, D10 K598 (01) 626 9213
Email:	ballyfermotsportscomplex@gmail.com
Website:	None
Instagram:	None
Facebook:	Ballyfermot Sports Complex
Who is the service for?	The service is for anyone interested in sporting and
What do they do?	fitness.
Opening Hours:	The Ballyfermot Sports Complex offers a wide range of classes in different sports. Some of these include gymnastics, karate and fitness bootcamps. The facility also offers rentals on squash and handball courts as well as dance studios. Some other amenities include showers and changing rooms. 9am-10pm Monday to Friday. 9am-6pm Saturdays

## ROWING

### Dublin Municipal Rowing Centre

Staff name:	Gavin Doyle
Address:	Chapelizod Rd, Phoenix Park, Dublin
Tel:	(01) 677 9746
Email:	inforowingcentre@dublincity.ie
Website:	https://www.dublincity.ie/residential/sports-and-lei-
	sure/sports-and-fitness-centres/dublin-munici-
	pal-rowing-centre
Instagram:	#dublinmunicipalrowingcentre
Who is the service for?	This service is for anyone interested in fitness and
	rowing.
What do they do?	Dublin Municipal Rowing Centre provides rowing classes
	and workshops for students, young people and adults.
	The club lay on the beautiful river Liffey where its trai- ning sessions are hosted. The club also puts on rowing
	fundraisers for various charity organisations.
Opening Hours:	6:30am-9:30pm Monday to Friday. 10am-5pm Saturday and Sunday.

## ROWING

### Commercial Rowing Club

Staff name:	Caroline Shaw (Secretary)
Address:	Longmeadows, Islandbridge, Dublin 8
Tel:	085 174 0455
Email:	captain@commercialrc.ie (New members email)
Website:	http://www.commercialrc.ie/
Instagram:	@commercialrowingclub
Facebook:	Commercial Rowing Club
Who is the service for?	cherryorchardequinecentre
	Commercial Rowing Club is open for both boys, girls, men and women.
What do they do?	"Commercial Rowing Club is one of Ireland's biggest rowing clubs. Commercial has over 150 years of expe- rience producing success both in the National and International field of men and women's rowing."
<b>Opening Hours</b> :	6am–11pm Monday to Sunday.

## GYMS

### Fitlinks Fitness

Staff name:	Leonard Hanna
Address:	Kylemore Park N, Kylemore, Ballyfermot, Co. Dublin
Tel:	+353 85 749 0505
Email:	fitlinksfitness@gmail.com
Website:	http://www.fitlinksfitness.com
Instagram:	@fitlinksfitness
Facebook:	Fitlinks Fitness Coaching
Who is the service for?	The service is for all fitness levels and ages.
What do they do?	They provide semi private personal training for people
	looking for a kick start back into a healthier fitter life.
<b>Opening Hours:</b>	Monday to Thursday 6–11am it then reopens from 6pm–
	9pm. Friday 6-11am and then it reopens 5:30-7:30pm.
	Saturdays 9–11am.

## GYMS

### Ballyfermot Sports Complex

Staff name:	Sandra, George (Receptionists)
Address:	33–39, Gurteen Rd, Redcowfarm, Dublin 10, D10 K598
Tel:	(01) 626 9213
Email:	ballyfermotsportscomplex@gmail.com
Who is the service for?	The service is for anyone interested in sporting and
	fitness.
What do they do?	The Ballyfermot Sports Complex offers a wide range
	of classes in different sports. Some of these include
	gymnastics, karate and fitness bootcamps. The facility
	also offers rentals on squash and handball courts as well
	as dance studios and Gym. Some other amenities include
	showers and changing rooms.
<b>Opening Hours</b> :	9am–10pm Monday to Friday. 9am–6pm Saturdays.

## GYMS

### **Ballyfermot Sports and Fitness Leisure Centre**

Staff name:	Christina Dowling
Address:	Blackditch Road, Ballyfermot, Ireland.
Tel:	(01) 222 8575
Email:	sports&fitness.ballyfermot@dublincity.ie
Website:	https://www.dublincity.ie/residential/sports-and-leisure/spor-
	ts-and-fitness-centres/ballyfermot-sports-fitness-centre
Instagram:	@sportsandfitnessballyfermot
Who is the service for?	"Ballyfermot Sports & Fitness Centre has been serving
	the communities of West Dublin since 2008". The centre
	is open and accessible to all ages and abilities.
What do they do?	The centre has a full range of options that cater for your
	fitness, sporting and community needs.Swimming Pool,
	Gym and Sports Hall.
Opening Hours:	Monday-Sunday.7am-10pm

## **NOTE:**


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An Roinn Leanaí agus Gnóthaí Óige Department of Children and Youth Affairs